

# Introduction To Health Services HS Introduction to Health Services/

**Career Exploration: Nurse Anesthetist** 

April 27, 2020



### HS Introduction to Health Services Lesson: Monday, April 27

Objective/Learning Target:
Describe the activities, responsibilities and training for a
career as an Nurse Anesthetist



**Warm Up Activity #1:** Make a mental list of things that a nurse might normally do.

**Warm Up Activity #2:** Make a mental list of the things that an anesthesiologist does. Remember that these are the healthcare professionals who provide anesthesia before a patient goes into surgery.

**Warm Up Activity #3:** Watch this <u>video</u> to see how the two questions above help shape this career.



## Potential Answer Key- your answers may vary, but prior students responded with:

Warm Up Activity #1: Make a mental list of things that a nurse might normally do: Take vital signs, administer medication, dress and bathe patients, update patient records, communicate with doctors and family.

**Warm Up Activity #2:** Make a mental list of the things that an anesthesiologist does. Determine drug types and dosages, administer to patient, monitor patient conditions during surgery, wake patient up after surgery.



In this lesson, we will look into the **nurse anesthetist**.

This has been one of the more popular career ideas for students from previous years.

As usual let's get started by getting out a blank sheet of paper.



#### Reading 3-2-1 Activity:

To begin, let's look at this website from the Bureau of Labor Statistics website titled What They Do. Note that you need to read the page carefully!

As you read construct this list:

- 3- things you like about this career
- 2- things you may not like about this career
- 1- thing you did not know about this career.



#### **Reading Activity- Ranking**

Next, look at this **Nurse.Org website** for Nurse Anesthetist.

Locate the section heading titled What are the top CRNA programs?

Look at the schools listed, select your top 3 choices that you'd be interested in attending and list those on your paper.

Next, look at this <u>list of schools that offer CRNA in Missouri</u>- revise your list as needed.



#### Reading Personal Intelligences Activity:

Next, read this page titled <u>How to Become</u>

One. This will discuss the education and skills needed for this job. Next look at the multiple intelligences chart on the right.

On your paper, list the top THREE intelligences you'd need to do this job.

Are these skills aligned to your strengths?





**Reading T-Chart Activity:** On your paper, draw a T-chart. Using the information from the How to Become One Page. Label the left half- "I'm good with these" and the right half "Not so much".

Read over the Education and Licenses sections. As you read, jot notes about these topics in the appropriate T-Chart columns.

There are no right or wrong answers- but you need to be honest.



Reading Activity- Next, look at the salary information for this career on the Pay page of the website.

In 1-2 sentences- is this salary worthy of the education and responsibilities. Justify your answer with 1-2 arguments for or against.



Extra Resources:

Day in the Life of a Student Registered Nurse: Video

Be a Nurse Anesthetist: Video